



**Let us make it easy for you 😊**

For just \$20 we will deliver a box of Calippo's to your child's class just before 2<sup>nd</sup> break.

Order over the counter or through Munch Monitor.



### Frozen Treats

These can be purchased at 2<sup>nd</sup> break play time only.  
Ice-blocks – Slushies & other over the counter items  
Ranging from .50c - \$2.00

~\*~Prep students can't purchase at break time~\*~

### **Attention: GF/Egg Free/Dairy Free Warning**

Whilst great care is taken to provide food to cater for children with these allergies, we cannot guarantee cross contamination won't occur.  
If your child has severe allergies, these items may not be suitable. Munch Monitor offers allergy alerts also to help reduce the risk of contamination

Amberley District State School  
P&C Association



# Summer Menu

## Term 4 only 2018

Open Wednesday, Thursday & Friday only

~~Orders preferred online via ~~

[munchmonitor.com](http://munchmonitor.com)

Username: Amberley Password: munch4305

(orders cut off at 8:50am)

~~Over the counter paper bag orders ~~

Labelling: Childs name, Class, 1<sup>st</sup> or 2<sup>nd</sup> break & food/drink order

**Please use one bag per lunch order per child per break**

No Credit Given

Email Kristy @ [tuck.adspc@outlook.com](mailto:tuck.adspc@outlook.com) to add your name to the Volunteer Roster.

Helpers needed Wed, Thurs & Fri between 7:30am-3pm. If you can spare an hour or a day we would appreciate it



Eftpos is available to top up your Munch Monitor account, great added security for those who don't partake in online banking. Minimum \$5 spend

# Summer Menu

## Over the Counter Ordering Menu

To enjoy the additional specials that our Munch Monitor menu has to offer  
 signup at  
[munchmonitor.com](http://munchmonitor.com) username:Amberley Password:munch4305

### ~~~~~Sandwiches/Rolls~~~~~

Vegemite/Jam/Honey	\$1.50
Cheese	\$2.00
Ham	\$2.20
Ham & Cheese	\$2.60
Ham, Cheese & Tomato	\$3.00
Chicken, Lett & Mayo	\$3.30
Egg/mayo & Lettuce	\$2.50
Egg/mayo	\$2.30
Salad	\$3.20
Add Mayonnaise	\$0.20
Toasted	\$0.30
Add Roll	\$0.50
Add salad	\$0.50
GF White Bread add	\$1.50

### ~~~~~Salad Bowls~~~~~

Salad Bowl GF	\$3.50
(lettuce, tomato, cheese, cucumber,beetroot, carrot)	
Add Chicken GF	\$0.70
Add Ham GF	\$0.70
Add egg GF	\$0.50

Mo Special  \$6.00  
 (Salad+2xChkn Strips+Egg+ S&P +mayo)

Fruit Salad bowl GF.....\$3.50  
 5 different fruits as seasonally available

### ~~~~~Hot Food~~~~~

Tomato or BBQ Sauce	0.30c
Chicken Strips(x2)	\$3.00
Chicken Strips (x2) GF	\$3.00
Chicken tender Wrap 'w' Mayo	\$3.00
Meat Pie	\$3.30
Sheppards Pie	\$3.50
Sausage Roll	\$3.00
Chicken Burger	\$4.00
Hotdog w' sauce*	\$3.20
Cheesy Dog w' sauce*	\$3.40
Pizza-Homemade	\$2.00
-Hawaiian -BBQ Chicken	
Ham & Cheese -Cheese	
GF Pizza Bread Base add	\$1.00

### ~~~~~Mini's Menu~~~~~

Mini Hotdog w' sauce*	\$2.00
Mini Cheesy Dog w' sauce*	\$2.20
Party Sausage Rolls (x3)	\$3.00
Snack Pies (x3)	\$3.00
Chicken Nuggets (x3)	\$3.00

\*All Hotdogs automatically come with tomato sauce unless you specify BBQ or No sauce

### ~~~~~Snacks~~~~~

Boiled egg GF	\$0.80
Popcorn popped in house GF	\$0.50
Healthy snack cup GF	\$2.00
(celery-cucumber-carrot-cheese	
-crackers-cherry tomatoes – hommus dip)	
Fruit Salad Cup GF	\$1.50
Muffin-Banana	\$1.00
Pikelets (x2) jam only	\$1.00
Pikelets (x2) plain	\$0.80
Apple or banana GF	\$1.00
Red Rock Deli Chips	\$1.50
-Sea Salt -Honey Soy Chicken	
JJ's Chicken Chips	\$1.50
Messy Monkey-GF	\$1.50
-Burger -Cheese -Pizza	
Yoghurt Squeezy	\$1.50
-Strawberry or Blueberry	
Yoghurt+Oats or Couli	\$2.50

### ~~~~~Drinks~~~~~

Plain milk 150ml	\$1.00
Bottle of Water	\$1.20
Juice Popper	\$2.00
-Apple	
-Apple Black Currant	
-Tropical	
Flavoured Milk Popper	\$2.20
-Chocolate -Strawberry	
Chill J's Lightly Carbonated 100% Juice	\$2.20
-Blackcurrant - Raspberry -Cola -Grape	

~~~~~Hot Food~~~~~

|                              |        |
|------------------------------|--------|
| Tomato or BBQ Sauce          | 0.30c  |
| Chicken Strips(x2)           | \$3.00 |
| Chicken Strips (x2) GF       | \$3.00 |
| Chicken tender Wrap 'w' Mayo | \$3.00 |
| Meat Pie                     | \$3.30 |
| Sheppards Pie                | \$3.50 |
| Sausage Roll                 | \$3.00 |
| Chicken Burger               | \$4.00 |
| Hotdog w' sauce*             | \$3.20 |
| Cheesy Dog w' sauce*         | \$3.40 |
| Pizza-Homemade               | \$2.00 |
| -Hawaiian -BBQ Chicken       |        |
| -Ham & Cheese -Cheese        |        |
| GF Pizza Bread Base add      | \$1.00 |

~~~~~Mini's Menu~~~~~

|                           |        |
|---------------------------|--------|
| Mini Hotdog w' sauce*     | \$2.00 |
| Mini Cheesy Dog w' sauce* | \$2.20 |
| Party Sausage Rolls (x3)  | \$3.00 |
| Snack Pies (x3)           | \$3.00 |
| Chicken Nuggets (x3)      | \$3.00 |

\*All Hotdogs automatically come with tomato sauce unless you specify BBQ or No sauce

~~~~~Summer Specials~~~~~

|                                                         |        |
|---------------------------------------------------------|--------|
| Sushi                                                   | \$3.60 |
| - Beef Teriyaki-Crispy Chicken+Avacado-                 |        |
| Tuna+Avacado-California                                 |        |
| Garlic Bread                                            | \$1.00 |
| Nachos                                                  | \$3.50 |
| Hamburger                                               | \$4.50 |
| -bun,lettuce,cheese,tomato,onion,<br>meat patty & sauce |        |
| Cheeseburger                                            | \$4.00 |
| -Bun,meat patty, cheese, tom sauce                      |        |

# Summer Menu

## Munch Monitor Online Ordering Menu

Thank you for ordering online and valuing the time of the Tuckshop staff and volunteers

~~~~~Sandwiches/Rolls~~~~~

|                      |        |
|----------------------|--------|
| Vegemite/Jam/Honey   | \$1.50 |
| Cheese               | \$2.00 |
| Ham                  | \$2.20 |
| Ham & Cheese         | \$2.60 |
| Ham, Cheese & Tomato | \$3.00 |
| Chicken, Lett & Mayo | \$3.30 |
| Egg/mayo & Lettuce   | \$2.50 |
| Egg/mayo             | \$2.30 |
| Salad                | \$3.20 |
| Add Mayonnaise       | \$0.20 |
| Toasted              | \$0.30 |
| Add Roll             | \$0.50 |
| Add salad            | \$0.50 |
| GF White Bread add   | \$1.50 |

~~~~~Salad Bowls~~~~~

|                                                      |        |
|------------------------------------------------------|--------|
| Salad Bowl GF                                        | \$3.50 |
| (lettuce, tomato, cheese, cucumber,beetroot, carrot) |        |
| Add Chicken GF                                       | \$0.70 |
| Add Ham GF                                           | \$0.70 |
| Add egg GF                                           | \$0.50 |

Mo Special  \$6.00  
(Salad+2xChkn Strips+Egg+ S&P +mayo)

Fruit Salad bowl GF.....\$3.50  
5 different fruits as seasonally available

~~~~~Snacks~~~~~

|   |        |
|---|--------|
| Boiled egg GF   | \$0.80 |
| Popcorn popped in house GF  | \$0.50 |
| Healthy snack cup GF  | \$2.00 |
| (celery-cucumber-carrot-cheese<br>-crackers-cherry tomatoes – hommus dip) |        |
| Fruit Salad Cup GF  | \$1.50 |
| Muffin-Banana   | \$1.00 |
| Pikelets (x2) jam only  | \$1.00 |
| Pikelets (x2) plain   | \$0.80 |
| Apple or banana GF  | \$1.00 |
| Red Rock Deli Chips   | \$1.50 |
| -Sea Salt -Honey Soy Chicken  |        |
| JJ's Chicken Chips  | \$1.50 |
| Messy Monkey-GF   | \$1.50 |
| -Burger -Cheese -Pizza  |        |
| Yoghurt Squeezy   | \$1.50 |
| -Strawberry or Blueberry  |        |
| Yoghurt+Oats or Couli   | \$2.50 |

~~~~~Drinks~~~~~

|                                         |        |
|-----------------------------------------|--------|
| Plain milk 150ml                        | \$1.00 |
| Bottle of Water                         | \$1.20 |
| Juice Popper                            | \$2.00 |
| -Apple                                  |        |
| -Apple Black Currant                    |        |
| -Tropical                               |        |
| Flavoured Milk Popper                   | \$2.20 |
| -Chocolate -Strawberry                  |        |
| Chill J's Lightly Carbonated 100% Juice | \$2.20 |
| -Blackcurrant - Raspberry -Cola -Grape  |        |

~~~~~Meal Deals~~~~~

\$6.00 each

~~~~~MD #1~~~~~

Chicken Strips x2 + Sauce Sachet  
Drink  
Packet of chips

~~~~~MD #2~~~~~

Sausage Roll + Sauce sachet  
Drink  
Packet of Chips

~~~~~MD #3~~~~~

Chicken tender Wrap'w' Mayo  
Drink  
Packet of chips

~~~~~MD #4~~~~~

Bento Box  
Ham & Cheese Sandwich  
Juice Popper  
+Mini fruit salad  
Popcorn  
Muffin

~~~~~MD#5~~~~~

Hotdog  
Drink  
Chips

~~~~~MD#6~~~~~

Meat Pie + sauce sachet  
Drink  
Packet of Chips