



## Spring/Summer Tuckshop Menu 2017



### ~~~~~Hot Food~~~~~

- Chicken Strips(x2).....\$2.50
- Mini Chicken Wrap 'w' Mayo.....\$2.10
- Quiche (no pastry)& Salad.....\$3.50
- Meat Pie.....\$3.20
- Sausage Roll.....\$2.20
- Chicken Burger.....\$3.60
- Taco Boat.....\$3.00
- Hotdog.....\$3.00
- Cheesy Dog.....\$3.20
- Hot Chicken & Mayo or Gravy Roll.....\$3.60
- Pizza Homemade.....\$2.00
  - Hawaiian
  - BBQ Chicken
  - Ham & Cheese
  - Cheese
- Sushi Homemade.....\$3.00  
(w' soy sauce or mayo included)
  - Crumbed Chicken & Avacado
  - Crumbed Chicken & Mayo
  - Vegetarian
  - Chicken & Avacado (non crumbed)
- Tom or BBQ Sauce....0.30c

### ~~~~~Sandwiches/Rolls~~~~~

- Vegemite/Jam/Honey.....\$1.50
- Cheese.....\$2.00
- Ham.....\$2.20
- Ham & Cheese.....\$2.60
- Ham, Cheese & Tomato.....\$3.00
- Chicken.....\$3.20
- Egg & Lettuce.....\$2.50
- Salad.....\$3.20

### ~~~~~Salad Bowl~~~~~

(lettuce, tomato, cheese, cucumber, beetroot, carrot)

- Salad Bowl.....\$3.50
- Add ham or chicken.....\$0.70
- Add egg.....\$0.50
- Fruit Salad bowl.....\$2.50

### ~~~~~Snacks~~~~~

- Healthy Snack box.....\$2.50
- Healthy snack cup.....\$1.50
- Fruit Kebab.....\$1.00
- Muffin.....\$1.00
- Pikelets (x2) marg & jam  
or jam only .....\$1.00
- Pikelets (x2)marg only or  
plain.....\$0.80
- Apple or banana.....\$0.80
- Red Rock Deli Chips.....\$1.30
- JJ's Chips.....\$1.30

### ~~~~~Drinks~~~~~

- Plain 300ml milk.....\$1.00
- Bottle of Water.....\$1.20
- Juice Popper.....\$1.80
- Strawberry/Chocolate  
Milk.....\$2.00
- Quench Drink.....\$2.00

### ~~~~~Freezer Treats~~~~~

- Frozen grapes/oranges.....\$0.30
- Quelch Stick.....\$0.60
- Icy Twist.....\$1.00
- Mini Calipo.....\$1.00
- Frozen Yoghurt Twisted.....\$2.00
- Dory.....\$2.00
- Chocolate Tub.....\$2.00

#### #1

- Chicken Strips x 2 + Sauce  
Sachet  
Drink  
Packet of chips

#### #2

- Sausage Roll + Sauce sachet  
Drink  
Popcorn  
Mini Calipo

### Meal Deals

\$5.00ea

#### #3

- Mini Chicken Wrap 'w' Mayo  
Drink  
Packet of chips  
Quelch Ice-block

#### #4

- Fruit Salad Bowl  
Pikelets 'w' marg&jam (x2)  
Bottle of Water  
Packet of chips

### Please note

Gluten Free items are in the menu, however we cannot guarantee cross contamination will not happen, therefore if your child has a high allergy this might not be an option for you.

**All children with allergies should list the allergy on their orders**

### Tuckshop Open Wednesday & Thursdays only

~~Orders preferred online via ~~ [flexischools.com.au](http://flexischools.com.au)  
(orders cut off at 8:50am)

~~Over the counter paper bag orders ~~

Labelling: Childs name, Class, 1<sup>st</sup> or 2<sup>nd</sup> break & food/drink order

Our tuckshop can only operate with the help of our parent volunteers.

Email the convenor at [tuck.adsspc@outlook.com](mailto:tuck.adsspc@outlook.com)

Or just pop in to the tuckshop if you can help out or have any questions

**No Credit Given**